

DAWN



ROTARY CLUB
of
MERCER ISLAND

Serving our community since 1963



May Rotary Fellowship Month



[Rotary Fellowship Link](#)

Rotary Foundation Update



[Future Vision](#)

Perfect Attendance Anniversary through April 2008



George Chambers, 15-Apr 5 yrs
Eva Agrawal, 18-Apr..... 2 yrs

Rotary Anniversaries



John Edmonds, 2-Jun..... 35
Greg Asimakoupoulos, 6-Jun... 2
Joyce Wagar, 8-Jun..... 15
Jim Aitken, 9-Jun..... 27
Bob Olsen, 9-Jun..... 27
Harold Hill, 10-Jun..... 39
Chuck Hansing, 13-Jun..... 2
Vali Somers, 14-Jun..... 3
Bo Darling, 15-Jun..... 9
Tom Bierlein, 19-Jun..... 19
John Townsend, 30-Jun..... 16

Birthdays

June 17, 2008 Scribe: Biran Comstock

"BE PREPARED!"

That's the Boy Scout's solemn oath. It also prevents bad things from happening to good people. So, with this ready alert, here's how the meeting went:

* **Get Set, Go:** Being in a state of constant readiness, Ex-Pres **John Frazier** was able to step in for **Bo Darling** to chair the meeting.

Called to the front, **Curt Nakayama** invoked the spirit of the Dali Llammas's recent visit to Seattle. Pulling out his handy *Buddha's Little Instruction Book*, he imparted these words of wisdom: "Words have the power to destroy or heal. When words are both true and kind, they can change our world" and "The heart is like a garden. It can grow compassion or fear, resentment or love. What seeds will you plant there?"

Keith Blue, feisty as ever following hip surgery, hoping for a change in the weather (summer only 5 days away), chose for us *In that Good Olde Summertime* – which states in part "my tootsey wootsey" (words, Keith says, he uses effective with his mate).

* **Muster:** Recognizing guests in our presence, **Dave Lindstrom** called for-
Visiting Rotarians: **Gwen Fraser** from Burien-White Center Rotary and **Nancy Keenholts Dalton** from University Rotary. Nancy will soon take over as Governor-Elect of Distict 5030, at which time **John Matthews** will become Governor-Nominee.

Guests of Rotarians: **Catherine Rodreguez**, MIR exchange student, introduced by her host parent, **Paul Booth**, **Carol Friends** introduced by **Terry Lee**, **David Thompson** introduced by **Bruce Peters**, and **K.C. Sheehan** introduced by **Bob Olson**

* **Comrades in Arms:** From the field, **Bruce Peters** reported that -
A few days ago, **Tom Ulie** suffered injuries (broken ribs, concussion, etc.) falling from his bike. He is recovering at Harborview. Here's where conditioning pays off. Tom works out religiously at the MICC – meaning, he will soon enjoy a full recovery. In the meantime, he loves visitors and sympathy. So, let Cheryl know if you can pay him a visit.

Denny Morrison is undergoing therapy at Virginia Mason to bring up his white-cell count – and it's working! He appreciates all the cards and special prayers – which will bring him back soon. Proof is his rebellious nature. For dinner in place of the standard fare, he far prefers the hamburgers that Mary smuggles into the hospital.

* **Background Checks:** We have some pretty amazing soldiers.
Take, for instance, **Eva Agrawal** who stepped up to give us a *new member minute*. The newest Agrawal member is, of course, her husband **Yogi** who spoke last week of the melding that took place on the mission to India. But Eva thanks us for all that she has gained as a member of MIR over the past two years. Starting out, she felt, as an unknown quantity, the spirit of Rotary soon caught hold. Aside from the just plain fun times like golfing and dancing, the faith and trust that comes from joining in a common mission is unique – and draws us all together. We are all the better for it.



Then, there is new member, **Helen Martin**, who gave us a memorable classification talk. Coming to Seattle in 1978, Helen told us of the very successful rise in her career in real estate, leading to her present position with Keller Williams Realty in Bellevue. Her love of the arts stems from being an accomplished jazz saxophone player, to writing short stories and painting. She is active on the Mercer Island Arts Council working with Parks and Recreation to provide community activities such as art galleries, concerts, plays and literary events. Welcome Helen!



* **Top Honors:** The news is out! **Chief Ed Holmes** rose to make the announcement. Yes, the MI City Council has named **Jim Trombold** its *Mercer Island Citizen of the Year*. Jim received a standing ovation which bespeaks his years of dedication and service to Rotary as well as his many other contributions to the community at large. Jim's more recent struggle with health issues shows the courage and tenacity he brings to the job.



* **Orders and Announcements:** You are on notice -
Craig Clampitt reminds us of the **Pancake Breakfast** on **July 13** and the need for volunteers. Craig has a conflict and will appreciate your help.

Rotary's **Cellphones for Soldiers** drive runs through June 30. All you need do is bring your old cellphones (and also chargers and batteries) to our next meeting. Contact **Edie Hilliard**, 206 329-6058, if you have any questions.



Neil Thomson..... 2-Jun
 Andrew Isaacs..... 6-Jun
 Reid Morgan..... 9-Jun
 Ruth Brook..... 13-Jun
 Trina Westerlund..... 16-Jun
 Bo Darling..... 19-Jun
 Steve Webert..... 19-Jun
 Yogi Agrawal..... 19-Jun
 Dean Matthews..... 22-Jun

**Rotary Foundation
 June 1st Newsletter**



[click here for your copy](#)

Upcoming Programs

June 24

Republican State Governor
 Candidate
 Dino Rossi

July 1

Our New Rotary Leadership
 DG Jesse Tam &
 Pres. Bob Olson

July 8

Health Care in Kenya
 'Mama Maria Kenya'
 Peter Kithene, Founder

July 15

Washington State Holocaust
 Resource Center
 Ilana Kennedy

Event Calendar

June 25, Wednesday

Change Over Dinner
 MI Community Center at Mercer
 View

Changeover Dinner is close at hand -- and it's a must event: **Wednesday, June 25, MI Community Center at Mercer View, 5:30 pm.** You should get your check (\$25 per head) in to **John Scherzo** as soon as possible, since he needs to make advance reservations.

MIR has sponsored the **English as a Second Language** class at Covenant Shores Retirement Community. Graduation will be held this **Wednesday, June 18, Fellowship Hall, 2:30 pm.** You are invited to attend. The class is designed to help workers better communicate with residents

*** Let's hear it from the troops:** Whether preparing for a raid or just rousing the rabel, **Gus Raaum** was in top Viking form (a few samples only of his "hits") -

Harold Hill and wife **Mary Fran** have just returned from a trip to Boston (90 degrees in the shade) to see their daughter-in-law **Megan** awarded her master's degree in drama from Harvard, and after tryouts in Seattle, to see her then picked for one of the lead roles in an upcoming Intiman Theatre production.

John Frazier is doing something right in his coaching given that son **Phil** at 14 has won a Seven Western States judo championship (give him space, John). John also reports that **Bill Green**, a founder of MIR, had a bout with pneumonia and has recovered, and now, living on Whidbey, eagerly awaits the fish coming in so he can pursue his favorite pastime.

Dick Chappelle is rightly proud of that grandson graduating from MI High School and going on to the University of San Francisco with a 4-year scholarship. Grandson is already an accomplished photographer with his works on exhibit.

Trina Westerlund announced recent graduation ceremonies at her Children's Institute for Learning Differences, and also the celebration of life of her mother who recently passed away at age 92

"Bad Things Happen to Good People"- Personal Safety for Adults: Petra Walker



introduced our guest speaker, **Officer Jennifer Franklin** of the MI Police Department. We live in a relatively safe enclave on Mercer Island, but the risks exist here and elsewhere. How often do we think about the dangers we may be encountering in any given situation and what our actions or reactions might be should the unexpected occur.

First, we must recognize the 4 zones of safety:

WHITE – that's when nothing threatening is apparent and we go along preoccupied, our minds "in neutral" oblivious of any threat (ipod in the ear).

That's when, unaware, we become the easy victim attackers are looking for -- someone totally off-guard. .

- **YELLOW** – that's when our sixth-sense tells us something's not quite right, so we become aware of a possible threat and begin thinking how we should react if the worst happens. In this situation, go with your sixth sense because it's almost always right.
- **ORANGE** – that's when it becomes apparent something's definitely not right and you need to plan your next move such as an escape route. Don't get yourself cornered such as in the garage of a large building. Think out your moves ahead.
- **RED**- that's when you are in imminent danger and trapped, so it becomes necessary to take immediate steps to protect yourself. Whatever you decide to do, do it quickly and decisively – run, scream, distract, negotiate, even fight.

So, now, how about a little **demonstration**: Please step forward **Chief Holmes**. A little tentative at first, the Chief showed his true grit under pressure. The intrepid young officer then demonstrated how an attack from the **back** is met with a sharp elbow to the solar plexes (oops, sorry, Chief) and a firm stomp on the instep of the foot (yikes!), and how an attack from the **front** is met with a palm-up jab into the nose (ouch!) and a knee to the groin (double oweee!!). The Chief bore up well and kept his cool throughout – which was certainly wise on his part. Officer Franklin will also keep her job and may be in line for a promotion.



Thank you Officer Franklin and Chief Holmes for all your good advice and acting skills.

*** Some Parting Volleys:** As **Coach Frazier** certainly knows: *"The man who complains about the way the ball bounces . . . is likely the one who dropped the ball!"* Credit, however, must be given to **John Nelson** for this one: *"The average American walks about 900 miles a year and drinks about 22 gallons of alcohol a year. That means, on average, Americans get about 41 miles to the gallon. Kind of makes you proud to be an American!"*

New Member Proposal

Application for membership has been received from:

David Thompson in the classification, *Public Accounting*. Dave and his wife Diane Doppel live on Mercer. Bruce Peters is proposer and sponsor.

Kelly Sheehan in the classification, *Wholesale Distribution*. KC, as he's better known, and his wife Amy live on Mercer Island. **Bob Olson** is proposer and sponsor.

If no written objections are received by the Club Secretary within 10 days, the applicants are eligible for formal induction into the Club

Clint's Corner

Musicians Fellowship Project

The International Fellowship of Musicians, founded in 1972, initiated its first service project last year by donating funds and musical instruments to rebuild the music program at a school on Grenada that was devastated by hurricanes. The school, which serves 500 students, lost all its musical instruments and books in the storms. Fellowship member Peter Sotheran from Cleveland, England presented funds and some second hand recorders to the director of the school, and said that "before I had finished unpacking, the children were experimenting to see what sounds they could produce".

The donated funds helped purchase guitars, violins, music stands and a partial set of steel pans, an important instrument in Caribbean music.

Member Profile

Mike Cero (In his first year of service)



Mike earned a Civil Engineering degree from the U.S Military Academy and served in the U.S. Army Corps of Engineers from 1984 to 1994, holding several commands during that period.

After attending Seattle University to get an MBA, Mike joined PACCAR, gaining valuable experience at the Kenworth-Renton factory as a Unit Supervisor. His final assignment at PACCAR, ending in 2000, was serving as Six Sigma Supplier Quality Manager.

In the process of remodeling his Mercer Island home, Mike started Cero Construction, LLC. His remodeling progress was interrupted when he was recalled in 2004 to serve in Iraq.

Mike's U.S. Army experience includes Ranger School, Senior Parachutist, Air Assault, two combat tours and more than 6 years of overseas assignments. He has earned a Bronze Star and having served with the 155th Mississippi Combat Brigade, received Honorary Mississippi Citizenship from the Governor of that state.

The Cero family moved to Mercer Island in 1996. Mike is married to Dr. Susie Cero, an orthopedic surgeon practicing in Renton. The Ceros have three young children. Since moving to MI, Mike has been very active in the community, serving as Lakeridge PTA President, MI PTA Council, School District Class size committee, MI Arts Selection Committee, VFW Commander and Vice Commander, VFW Historical Building Committee, Sunnybeam Capital Improvements Board, and West Point Admissions Participant. He is active in the YMCA Guide program and serves as Lakeridge PTA Legislative Rep. He is also engaged in Little League Baseball, MI Chamber of Commerce and MI Rotary.

Mike was elected to the MI City Council in 2007 and serves on the city's Disability Board, Senior Commission, Public Safety Sub-Committee and is the council's Renton Airport and Suburban Cities representative.

Publishing items in the Dawn

If you have information, articles, photos, etc., for publication in the Dawn, please send them to DawnEditor@MIRotary.org.